

## Utica Volleyball Academy: Our Contract

It is the belief that learning is the responsibility of you, the player. Being an active participant in the learning process is required. You, the player agree to:

- BELIEVE:** You, the player, also agree to follow the “**Two Sets of Three.**” The first deals with **Honesty (1. Never Lie, Never Cheat, Never Steal)**. The second deals with **Adversity (2. Don’t Whine, Don’t Complain, Don’t Make Excuses)**. These simple values will allow students to accelerate their academic/volleyball learning, along with preparing them for beyond the classroom/gym.
- Extreme Ownership:** Hold yourself accountable for your actions. We need to remember “It’s not what we say, but what we **allow**.” This will be repeated until it is mastered.
- EGO:** TEAM comes 1st. We need to see the **BIG PICTURE**.
- Simplicity:** Understand each person’s role. Everyone needs to know the expectations.
- Show up on time**, which means you should be there 15 minutes early. If you are going to miss practice please contact me (feel free to text me if you have questions).
- Understand that you are part of a **TEAM**. It is essential that everyone is here to learn. Whether you are passing, serving, hitting, doing stats, filming, taking photos, cheering, etc....
- Understand the importance of producing a product that we are proud of. We do not focus on the scoreboard, instead, we ask you to increase your volleyball IQ this season. Whether you are in the match or cheering on the sideline, we need everyone to be part of it.

I, as the coach, will provide the player with opportunities to learn. I will provide scaffolding to help support the player. I will not do the work for them or enable them. The player will be required to work.

When all parties abide by these simple terms, students will learn a great deal this season. Your life today is the result of your attitudes and choices in the past. Your life tomorrow will be the result of your attitudes and the choices you make today.

Signing below, you, the student acknowledge that you have read and agree to the above contract. If you do not wish to accept the contract, please contact me to schedule a conference.

Player:	Date:
Parent:	Date: